



EAST BATON ROUGE PARISH SCHOOL SYSTEM  
CHILD NUTRITION PROGRAM  
DIET PRESCRIPTION FOR MEALS AT SCHOOL

Student's Name \_\_\_\_\_ Age \_\_\_\_\_ Date of Birth \_\_\_\_\_

School \_\_\_\_\_ Grade/Classroom \_\_\_\_\_

Parent's Name \_\_\_\_\_ Telephone cell (\_\_\_\_) \_\_\_\_\_

Address \_\_\_\_\_ Telephone home (\_\_\_\_) \_\_\_\_\_

Street or P. O. Box) Telephone work (\_\_\_\_) \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

School Nurse \_\_\_\_\_ Office #: \_\_\_\_\_ Fax # \_\_\_\_\_

Does the student have a disability that requires a special diet? Yes \_\_\_\_\_ No \_\_\_\_\_

If yes, describe the major life activities affected by the disability.

(See back of form for further information.)

\_\_\_\_\_  
If the student is not disabled, list the medical condition that requires special nutritional or feeding needs.

Prescription (Check all that apply):

- ( ) Diabetic - Up to \_\_\_\_\_ Carbs. Per Meal
- ( ) Food Allergy
- ( ) Hypoglycemic
- ( ) PKU
- ( ) Other \_\_\_\_\_
- ( ) Increased Calorie \_\_\_\_\_ #kcal
- ( ) Reduced Calorie \_\_\_\_\_ #kcal
- ( ) Texture Modification
  - Chopped \_\_\_\_\_ Ground \_\_\_\_\_
  - Pureed \_\_\_\_\_ Liquified \_\_\_\_\_
- ( ) Tube Feeding
  - Liquified Meal \_\_\_\_\_ Formula \_\_\_\_\_

**Foods Omitted and Substitutions**

(Please check food groups to be omitted. Identify specific foods to omit and list foods to be substituted. If necessary, attach additional information or instructions regarding the diet or feeding.)

**Food Groups to Omit**

- ( ) Bread and Cereal Products
- ( ) Fruits and Vegetables
- ( ) Meat and Meat Alternatives
- ( ) Milk and Milk Products

**Specific Foods to Omit**

\_\_\_\_\_  
\_\_\_\_\_

**Specific Foods to Substitute**

\_\_\_\_\_  
\_\_\_\_\_

I certify that the above named student needs special school meals prepared as described above because of the student's disability or chronic medical condition.

Office Address \_\_\_\_\_

Office Telephone # \_\_\_\_\_

\_\_\_\_\_  
¹Licensed Physician/Recognized Medical Authority Signature

\_\_\_\_\_  
Date

¹Signature of Licensed Physician required if the student is disabled.

# Definition of Disability

## Definitions

As used in this part, the term or phrase:

**(l) Student with disabilities** means any person who has a physical or mental impairment which substantially limits one or more major life activities, has a record of such an impairment, or is regarded as having such an impairment.

**(j) Physical or mental impairment** means (1) any physiological disorder or condition, cosmetic disfigurement, or anatomical loss affecting one or more of the following body systems: Neurological; musculoskeletal; special sense organs; respiratory, including speech organs; cardiovascular; reproductive; digestive; genitourinary; hemic and lymphatic; skin; and endocrine; or (2) any mental or psychological disorder, such as mental retardation, organic brain syndrome, emotional or mental illness, and specific learning disabilities. The term *physical or mental impairment* includes, but is not limited to, such diseases and conditions as orthopedic, visual, speech, and hearing impairments; cerebral palsy; epilepsy; muscular dystrophy; multiple sclerosis; cancer; heart disease; diabetes; mental retardation; emotional illness; and drug addiction and alcoholism.

**(k) Major life activities** means functions such as caring for one's self, performing manual tasks, walking, seeing, hearing, speaking, breathing, learning and working.

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(1) mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410;

(2) fax: (202) 690-7442; or

(3) email: [program.intake@usda.gov](mailto:program.intake@usda.gov).

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