



PLEASE USE YOUR EMPLOYEE NUMBER AS YOUR USERNAME

## 2017-2018 East Baton Rouge Parish Schools Wellness Program

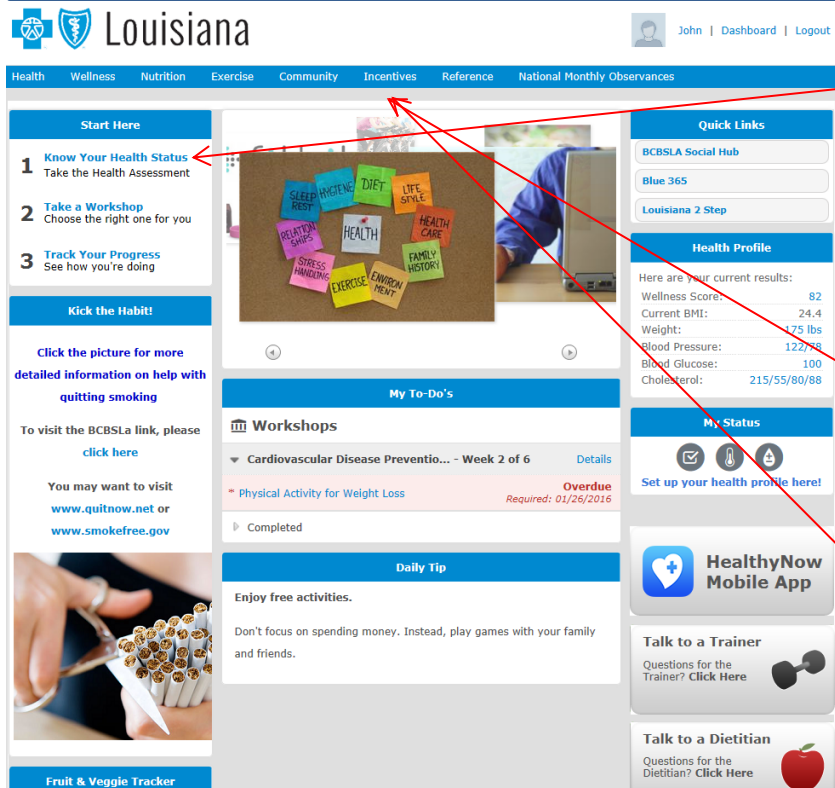
East Baton Rouge Parish Schools value each of you and encourages you to be part of and participate in our 1st annual wellness program. You must be currently enrolled in the EBRPSS Self-Funded BCBSLA health plans in order to participate. You will find instructions below for completing your Personal Health Assessment (PHA).

### INSTRUCTIONS TO LOG ACTIVITIES AND COMPLETE PHA

Log on to [www.bluewellnessla.com](http://www.bluewellnessla.com)

**Already Registered:**  
Enter your username and password and click "GO"

**First Time Users:**  
Log on to [www.bluewellnessla.com](http://www.bluewellnessla.com) and click "Register New Account". Create username and password. Enter location code **77749FF4**



**To take a PHA:**  
Click "1 – Know Your Health Status"

**To log all other activities:**  
Click "Incentives" tab then click "Healthy Habit" tab. Click "Complete" and give activity name and date of activity. Click "Update" then verify information to be accurate by clicking "OK".

**To track completed activities:**  
Click "Incentives" tab then click "Incentive Summary".