

East Baton Rouge Parish School System Child Nutrition Program

**AUG. - DEC.
2023 - 24**

MIDDLE & HIGH SCHOOL BREAKFAST CYCLE MENUS

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2023 - 24**

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Fruit Juice Assorted Fruit Pop Tart Yogurt Cup OR Assorted Cereal Milk	Fruit Juice Assorted Fruit Sausage, Egg and Cheese Croissant OR Assorted Cereal OR Mixed Berry Parfait Milk	Fruit Juice Assorted Fruit Breakfast Pizza OR Assorted Cereal Milk	Fruit Juice Assorted Fruit Ham and Cheese Croissant (warmed) OR Assorted Cereal OR Mixed Berry Parfait Milk	Fruit Juice Assorted Fruit Assorted Cereal Milk
Week 2	Fruit Juice Assorted Fruit Pancake on the Stick OR Assorted Cereal Milk	Fruit Juice Assorted Fruit Grits Scrambled Eggs Toast OR Assorted Cereal OR Mixed Berry Parfait Milk	Fruit Juice Assorted Fruit Breakfast Pizza OR Assorted Cereal Milk	Fruit Juice Assorted Fruit Biscuit Breaded Chicken Patty Honey Packet OR Assorted Cereal OR Mixed Berry Parfait Milk	Fruit Juice Assorted Fruit Assorted Cereal Milk
Week 3	Fruit Juice Assorted Fruit Oatmeal OR Assorted Cereal Milk	Fruit Juice Assorted Fruit Breakfast Burrito OR Assorted Cereal OR Mixed Berry Parfait Milk	Fruit Juice Assorted Fruit Breakfast Pizza OR Assorted Cereal Milk	Fruit Juice Assorted Fruit Toast Avocado Spread OR Assorted Cereal OR Mixed Berry Parfait Milk	Fruit Juice Assorted Fruit Assorted Cereal Milk

Meal Component Key: WG: Whole Grain

* Menu is subject to change due to availability of food item(s).

* Four (4) choices of Fat-Free and Low-Fat daily.

* Lactaid Milk is available to students who are Lactose Intolerant. Soy Milk is available to students who have a milk allergy.

* 100% Fruit Juice is served daily.

* This institution is an equal opportunity provider.

Notification Statement: Peanuts and Peanut Butter are not purchased for meals produced by the EBRPSS - CNP.; However, some products served may contain nuts and some products are produced in plants that use nuts and may contain traces of nuts.