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Rev 10-24-2024

Middle & High School Lunch Menus

2024 - 25

	HA	PPY N	13	N YE.			
January 2025							
Monday		Tuesday	1	Wednesday		Thursday	Friday
			1 Chri	istmas/Winter Break (No School)	2	Christmas/Winter Break (No School)	3 Certified Employee In -Service <u>Students Do Not Attend</u>
6 Red Beans & Ri Seasoned Turnip Gr Steamed Vegetab Assorted Fresh Fr Cornbread Muffi Milk	reens Iles ruit Le n S	Beefy Nachos Corn on the Cob Black Beans ttuce & Tomato Cup Diced Avocado alsa & Sour Cream ssorted Fresh Fruit Milk	Whole E Ste Ass	oo w/Steamed Rice Baked Sweet Potato eamed Cabbage sorted Fresh Fruit altine Crackers or Soft Roll Milk		reamy Chicken Alfredo Steamed Broccoli Fresh Baby Carrots Assorted Fresh Fruit arlic & Herb Breadstick Milk	10 Crispy Fish Strips French Fries Cucumber & Tomato Salad Assorted Fresh Fruit Soft Roll Ketchup Milk
13 Spaghetti w/Meats Steamed Vegeta Steamed Corr Assorted Fresh F Soft Roll Milk	ble 1 Fre	Chicken Bites Crispy Tater Tots sh Sliced Cucumbers ssorted Fresh Fruit Animal Crackers Cajun Sauce Milk	Cream Fre Ass	bury Steak & Gravy y Mashed Potatoes sh Broccoli Salad sorted Fresh Fruit Soft Roll ortbread Crackers Milk		Glazed BBQ Chicken Mac-n-Cheese Baked Beans Sweet Potatoes Assorted Fresh Fruit Garlic & Herb Roll Milk	17 Pizza Dark Green Salad w/Fruit & Fruit Vinaigrette Dressing Fresh Baby Carrots Assorted Fresh Fruit Milk
20 Martin Luther King Holiday	S A	Jambalaya asoned Green Beans teamed Vegetables issorted Fresh Fruit Roll Milk	Sh T	Taco (s) eef OR Chicken ell – Soft or Hard aco Salad Cup Black Beans Salsa sorted Fresh Fruit Breadstick Milk		Classic Cheeseburger Sandwich Salad Cup French Fries Assorted Fresh Fruit Ketchup/Mayonnaise Mustard Milk	24 Mozzarella Sticks w/Marinara Green Salad w/Dressing Fresh Baby Carrot Assorted Fresh Fruit Fresh Baked Cookie Milk
27 Chicken Wings w/ Orange Sauce Vegetable Fried Rice Steamed Broccoli Assorted Fresh Fruit Soft Roll Milk		Chicken Patty Sandwich andwich Salad Cup Crispy Tater Tots Baked Beans ssorted Fresh Fruit etchup/Mayonnaise Milk	29 Chili w/Tortilla Chips Shredded Cheese Whole Baked Potato Fresh Baby Carrots Seasoned Green Bean Assorted Fresh Fruit Milk		30	Chicken Strips French Fries Creamy Coleslaw Buttered Toast Assorted Fresh Fruit Cajun Sauce Milk	31 Fish & Cheese Sandwich Sweet Potato Fries Cucumber & Tomato Salad Assorted Fresh Fruit Fresh Baked Cookie Milk
Choice & Any Frui and M	X Δην Fruit Vegetanie I X Δην Fruit Vegeta		d and Milk Offered			Sandwich Choice & Any Fruit, Vegetable, and Milk Offered BRPSS - CNP : However, son	Classic Cheeseburger & Any Fruit, Vegetable, and Milk Offered

contain nuts and some products are produced in plants that use nuts and may contain traces of nuts.

* Menu is subject to change due to availability of food items.

* Four (4) choices of Fat-Free and Low-Fat daily.

* Lactaid Milk is available to students who are Lactose Intolerant. Soy Milk is available to students who have a milk allergy.

East Baton Rouge Parish School System Child Nutrition Program Middle & High School Lunch Menus

Rev 10-24-2024

2024 - 25

February 2025

	landar		Tuesday	τA	Vednesday		Thursdor	Fridar
3 Red E Seasonec Steame Assorte	fonday Beans & Rice d Turnip Greens ed Vegetables ed Fresh Fruit pread Muffin Milk	Let	Beefy Nachos Corn on the Cob Black Beans tuce & Tomato Cup Diced Avocado Ilsa & Sour Cream sorted Fresh Fruit Milk	5 Turk S Whole B Stea	ey Roast w/Gravy teamed Rice aked Sweet Potato amed Cabbage orted Fresh Fruit Soft Roll Milk	St Fre Ass	Thursday my Chicken Alfredo teamed Broccoli esh Baby Carrots sorted Fresh Fruit c & Herb Breadstick Milk	Friday 7 Crispy Fish Strips French Fries Cucumber & Tomato Salad Assorted Fresh Fruit Soft Ro Ketchup Milk
Steame Stea Assorte	etti w/Meatsauce ed Vegetables amed Corn ed Fresh Fruit Soft Roll Milk	Frest As	Chicken Bites Crispy Tater Tots In Sliced Cucumbers Sorted Fresh Fruit Animal Crackers Cajun Sauce Milk	Creamy Frest	bury Steak & Gravy Mashed Potatoes n Broccoli Salad rted Fresh Fruit Soft Roll Milk	N S Ass	azed BBQ Chicken Mac-n-Cheese Baked Beans weet Potatoes wrted Fresh Fruit arlic & Herb Roll Milk	14 Pizza Dark Green Salad w/Fruit & Fruit Vinaigrette Dressing Fresh Baby Carrots Assorted Fresh Fruit Milk
Seasoned Steame Assorte	mbalaya d Green Beans ed Vegetables ed Fresh Fruit Soft Roll Milk	Sr As	Taco (s) eef OR Chicken nell – Soft or Hard Faco Salad Cup Black Beans Salsa sorted Fresh Fruit Breadstick Animal Crackers Milk	Classi Sand F Asso	arly Dismissal ic Cheeseburger wich Salad Cup French Fries rted Fresh Fruit hup/Mayonnaise Mustard Milk	Cr Steame	ven Fried Chicken & Waffle rispy Tater Tots ed Mixed Vegetables orted Fresh Fruit Syrup Milk	21 Mozzarella Sticks w/Marinara Green Salad w/Dressing Fresh Baby Carrot Assorted Fresh Fruit Fresh Baked Cookie Milk
24 Chicken Wings w/ Orange Sauce Vegetable Fried Rice Steamed Broccoli Assorted Fresh Fruit Milk		25 Chicken Patty Sandwich Sandwich Salad Cup Crispy Tater Tots Baked Beans Assorted Fresh Fruit Ketchup/Mayonnaise Milk		26 Meatloaf Brown Gravy & Rice Fresh Baby Carrots Seasoned Green Beans Assorted Fresh Fruit Soft Roll Milk		27 Chicken Strips French Fries Creamy Coleslaw Buttered Toast Assorted Fresh Fruit Cajun Sauce Milk		28 Fish & Cheese Sandwich Sweet Potato Fries Cucumber & Tomato Salad Assorted Fresh Fruit Fresh Baked Cookie Milk
Daily Choice Mozzarella Sticks & & Any Fruit, Vegetable and Milk Offered		table,	Entrée Salad & Any, Fruit, Vegetable, and Milk Offered		Fruit Parfait & Any Fruit, Vegetable, and Milk Offered		Sandwich Choice & Any Fruit, Vegetabl and Milk Offered	e, Classic Cheeseburger & Any Fruit, Vegetable, and Milk Offered

Notification Statement: Peanuts and Peanut Butter are not purchased for meals produced by the EBRPSS - CNP.; However, some products served may contain nuts and some products are produced in plants that use nuts and may contain traces of nuts.

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Middle & High School Lunch Menus

To MA

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2024 - <u>25</u>

9				•		
March 2025						
Monday	Tuesday	Wednesday	Thursday	Friday		
3 Mardi Gras MARDI GRAS HOLIDAY (School District Closed)	4 Mardi Gras MARDI GRAS HOLIDAY (School District Closed)	5 Mardi Gras MARDI GRAS HOLIDAY (School District Closed)	6 Red Beans & Rice Seasoned Turnip Greens Steamed Vegetable Assorted Fresh Fruit Cornbread Muffin Milk	7 Crispy Fish Strips French Fries Seasoned Green Beans Assorted Fresh Fruit Fresh Baked Cookie Ketchup Soft Roll Milk		
10 Spaghetti w/Meatsauce Vegetable Blead Steamed Corn Assorted Fresh Fruit Soft Roll Milk	11 Chicken Bites Crispy Tater Tots Fresh Sliced Cucumbers Assorted Fresh Fruit Animal Crackers Cajun Sauce Milk	12 Salisbury Steak & Gravy Creamy Mashed Potatoes Fresh Broccoli Salad Assorted Fresh Fruit Soft Roll Milk	13 Glazed BBQ Chicken Mac-n-Cheese Baked Beans Sweet Potatoes Assorted Fresh Fruit Garlic & Herb Roll Milk	14 Cheese Pizza Dark Green Salad w/Fruit & Fruit Vinaigrette Dressing Fresh Baby Carrots Assorted Fresh Fruit Milk		
17 Jambalaya Seasoned Green Beans Steamed Vegetables Assorted Fresh Fruit Soft Roll Milk	18 Taco (s) Beef OR Chicken Shell – Soft or Hard Taco Salad Cup Black Beans Salsa Assorted Fresh Fruit Breadstick Animal Crackers Milk	19 Classic Cheeseburger Sandwich Salad Cup French Fries Assorted Fresh Fruit Ketchup/Mayonnaise Mustard Milk	20 Oven Fried Chicken & Waffle Crispy Tater Tots Steamed Mixed Vegetables Assorted Fresh Fruit Syrup Milk	21 Mozzarella Sticks w/Marinara Green Salad w/Dressing Fresh Baby Carrot Assorted Fresh Fruit Fresh Baked Cookie Milk		
24 Chicken Wings w/ Orange Sauce Vegetable Fried Rice Steamed Broccoli Assorted Fresh Fruit Milk	25 Chicken Patty Sandwich Sandwich Salad Cup Crispy Tater Tots Baked Beans Assorted Fresh Fruit Ketchup/Mayonnaise Milk	26 Meatloaf & Gravy Steamed Rice Fresh Baby Carrots Seasoned Green Beans Assorted Fresh Fruit Soft Roll Milk	27 Chicken Strips French Fries Creamy Coleslaw Buttered Toast Assorted Fresh Fruit Cajun Sauce Milk	28 Fish & Cheese Sandwich Sweet Potato Fries Cucumber & Tomato Salad Assorted Fresh Fruit Fresh Baked Cookie Milk		
31 Red Beans & Rice Seasoned Turnip Greens Steamed Vegetable Assorted Fresh Fruit Cornbread Muffin Milk						
Daily Choice Mozzarella Stic & Any Fruit, Vege and Milk Offe	table, & Any, Fruit, Veget ered and Milk Offer	able, & Any Fruit, Veget	able, & Any Fruit, Vegetabl d and Milk Offered	and Milk Offered		

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ev 10-24-2024	Middle & H	ligh School Lunc	h Menus	2024 - 25
	Spr Spr		greak	F
Monday	F Tuesday	April 202 Wednesday	25 Thursday	Friday
	1 Beefy Nachos Corn on the Cob Black Beans Lettuce & Tomato Cup Diced Avocado Salsa & Sour Cream Assorted Fresh Fruit Milk	2 Turkey Roast w/Gravy Steamed Rice Whole Baked Sweet Potato Steamed Cabbage Assorted Fresh Fruit Soft Roll Milk	3 Creamy Chicken Alfredo Steamed Broccoli Fresh Baby Carrots Assorted Fresh Fruit Garlic & Herb Breadstick Milk	4 Crispy Fish Strips French Fries Cucumber & Tomato Salad Assorted Fresh Fruit Ketchup Milk
Spaghetti w/Meatsauce Steamed Vegetables Steamed Corn Assorted Fresh Fruit Soft Roll Milk	8 Chicken Bites Crispy Tater Tots Fresh Sliced Cucumbers Assorted Fresh Fruit Animal Crackers Cajun Sauce Milk	9 Salisbury Steak & Gravy Creamy Mashed Potatoes Fresh Broccoli Salad Assorted Fresh Fruit Soft Roll Milk	10 <u>Easter Dinner</u> Baked Chicken Rice Dressing Seasoned Lima Beans Sweet Potatoes Fresh Fruit Salad Soft Roll Milk	11 Cheese Pizza Dark Green Salad w/Frui & Fruit Vinaigrette Dressing Fresh Baby Carrots Assorted Fresh Fruit Milk
14 Jambalaya Seasoned Green Beans Steamed Vegetables Assorted Fresh Fruit Soft Roll Milk	15 Taco (s) Beef OR Chicken Shell – Soft or Hard Taco Salad Cup Black Beans Salsa Assorted Fresh Fruit Breadstick Animal Crackers Milk	16 Classic Cheeseburger Sandwich Salad Cup French Fries Assorted Fresh Fruit Ketchup/Mayonnaise Mustard Milk	17 Mozzarella Sticks w/Marinara Green Salad w/Dressing Fresh Baby Carrot Assorted Fresh Fruit Fresh Baked Cookie Milk	18 Cappy FRIDAY (School District Closed
21 Spring BREAK	22 Spring BREAK	23 Spring BREAK	24 Spring BREAK	25 Spring BREAK
8 Chicken Wings w/ Orange Sauce Vegetable Fried Rice Steamed Broccoli Assorted Fresh Fruit Milk	29 Chicken Patty Sandwich Sandwich Salad Cup Crispy Tater Tots Baked Beans Assorted Fresh Fruit Ketchup/Mayonnaise Milk	30 Meatloaf & Gravy Steamed Rice Fresh Baby Carrots Seasoned Green Beans Assorted Fresh Fruit Soft Roll Milk		
Daily ChoiceMozzarella Stic & Any Fruit, Vege and Milk Offer	etable, & Any, Fruit, Veget ered and Milk Offere	able, & Any Fruit, Veget ed and Milk Offere	able, & Any Fruit, Vegetabl	and Milk Offered

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