

East Baton Rouge Parish School System Child Nutrition Program




Middle & High School Lunch Menus

2024 - 25

Rev 10-24-2024



January 2025

Monday	Tuesday	Wednesday	Thursday	Friday	
		1  <i>Christmas/Winter Break (No School)</i>	2  <i>Christmas/Winter Break (No School)</i>	3 Certified Employee In -Service <u>Students Do Not Attend</u>	
6 Red Beans & Rice Seasoned Turnip Greens Steamed Vegetables Assorted Fresh Fruit Cornbread Muffin Milk	7 Beefy Nachos Corn on the Cob Black Beans Lettuce & Tomato Cup Diced Avocado Salsa & Sour Cream Assorted Fresh Fruit Milk	8 Gumbo w/Steamed Rice Whole Baked Sweet Potato Steamed Cabbage Assorted Fresh Fruit Saltine Crackers or Soft Roll Milk	9 Creamy Chicken Alfredo Steamed Broccoli Fresh Baby Carrots Assorted Fresh Fruit Garlic & Herb Breadstick Milk	10 Crispy Fish Strips French Fries Cucumber & Tomato Salad Assorted Fresh Fruit Soft Roll Ketchup Milk	
13 Spaghetti w/Meatsauce Steamed Vegetable Steamed Corn Assorted Fresh Fruit Soft Roll Milk	14 Chicken Bites Crispy Tater Tots Fresh Sliced Cucumbers Assorted Fresh Fruit Animal Crackers Cajun Sauce Milk	15 Salisbury Steak & Gravy Creamy Mashed Potatoes Fresh Broccoli Salad Assorted Fresh Fruit Soft Roll Shortbread Crackers Milk	16 Glazed BBQ Chicken Mac-n-Cheese Baked Beans Sweet Potatoes Assorted Fresh Fruit Garlic & Herb Roll Milk	17 Pizza Dark Green Salad w/Fruit & Fruit Vinaigrette Dressing Fresh Baby Carrots Assorted Fresh Fruit Milk	
20  Martin Luther King Jr., Holiday	21 Jambalaya Seasoned Green Beans Steamed Vegetables Assorted Fresh Fruit Roll Milk	22 Taco (s) Beef OR Chicken Shell – Soft or Hard Taco Salad Cup Black Beans Salsa Assorted Fresh Fruit Breadstick Milk	23 Classic Cheeseburger Sandwich Salad Cup French Fries Assorted Fresh Fruit Ketchup/Mayonnaise Mustard Milk	24 Mozzarella Sticks w/Marinara Green Salad w/Dressing Fresh Baby Carrot Assorted Fresh Fruit Fresh Baked Cookie Milk	
27 Chicken Wings w/ Orange Sauce Vegetable Fried Rice Steamed Broccoli Assorted Fresh Fruit Soft Roll Milk	28 Chicken Patty Sandwich Sandwich Salad Cup Crispy Tater Tots Baked Beans Assorted Fresh Fruit Ketchup/Mayonnaise Milk	29 Chili w/Tortilla Chips Shredded Cheese Whole Baked Potato Fresh Baby Carrots Seasoned Green Beans Assorted Fresh Fruit Milk	30 Chicken Strips French Fries Creamy Coleslaw Buttered Toast Assorted Fresh Fruit Cajun Sauce Milk	31 Fish & Cheese Sandwich Sweet Potato Fries Cucumber & Tomato Salad Assorted Fresh Fruit Fresh Baked Cookie Milk	
Daily Choice	Mozzarella Sticks & & Any Fruit, Vegetable, and Milk Offered	Entrée Salad & Any, Fruit, Vegetable, and Milk Offered	Fruit Parfait & Any Fruit, Vegetable, and Milk Offered	Sandwich Choice & Any Fruit, Vegetable, and Milk Offered	Classic Cheeseburger & Any Fruit, Vegetable, and Milk Offered

Notification Statement: Peanuts and Peanut Butter are not purchased for meals produced by the EBRPSS - CNP.; However, some products served may contain nuts and some products are produced in plants that use nuts and may contain traces of nuts.

- * Menu is subject to change due to availability of food items.
- * Four (4) choices of Fat-Free and Low-Fat daily.
- * Lactaid Milk is available to students who are Lactose Intolerant. Soy Milk is available to students who have a milk allergy.
- * This institution is an equal opportunity provide.

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February 2025

Monday	Tuesday	Wednesday	Thursday	Friday	
3 Red Beans & Rice Seasoned Turnip Greens Steamed Vegetables Assorted Fresh Fruit Cornbread Muffin Milk	4 Beefy Nachos Corn on the Cob Black Beans Lettuce & Tomato Cup Diced Avocado Salsa & Sour Cream Assorted Fresh Fruit Milk	5 Turkey Roast w/Gravy Steamed Rice Whole Baked Sweet Potato Steamed Cabbage Assorted Fresh Fruit Soft Roll Milk	6 Creamy Chicken Alfredo Steamed Broccoli Fresh Baby Carrots Assorted Fresh Fruit Garlic & Herb Breadstick Milk	7 Crispy Fish Strips French Fries Cucumber & Tomato Salad Assorted Fresh Fruit Soft Ro Ketchup Milk	
10 Spaghetti w/Meatsauce Steamed Vegetables Steamed Corn Assorted Fresh Fruit Soft Roll Milk	11 Chicken Bites Crispy Tater Tots Fresh Sliced Cucumbers Assorted Fresh Fruit Animal Crackers Cajun Sauce Milk	12 Salisbury Steak & Gravy Creamy Mashed Potatoes Fresh Broccoli Salad Assorted Fresh Fruit Soft Roll Milk	13 Glazed BBQ Chicken Mac-n-Cheese Baked Beans Sweet Potatoes Assorted Fresh Fruit Garlic & Herb Roll Milk	14 Pizza Dark Green Salad w/Fruit & Fruit Vinaigrette Dressing Fresh Baby Carrots Assorted Fresh Fruit Milk	
17 Jambalaya Seasoned Green Beans Steamed Vegetables Assorted Fresh Fruit Soft Roll Milk	18 Taco (s) Beef OR Chicken Shell – Soft or Hard Taco Salad Cup Black Beans Salsa Assorted Fresh Fruit Breadstick Animal Crackers Milk	19 <u>Early Dismissal</u> Classic Cheeseburger Sandwich Salad Cup French Fries Assorted Fresh Fruit Ketchup/Mayonnaise Mustard Milk	20 Oven Fried Chicken & Waffle Crispy Tater Tots Steamed Mixed Vegetables Assorted Fresh Fruit Syrup Milk	21 Mozzarella Sticks w/Marinara Green Salad w/Dressing Fresh Baby Carrot Assorted Fresh Fruit Fresh Baked Cookie Milk	
24 Chicken Wings w/ Orange Sauce Vegetable Fried Rice Steamed Broccoli Assorted Fresh Fruit Milk	25 Chicken Patty Sandwich Sandwich Salad Cup Crispy Tater Tots Baked Beans Assorted Fresh Fruit Ketchup/Mayonnaise Milk	26 Meatloaf Brown Gravy & Rice Fresh Baby Carrots Seasoned Green Beans Assorted Fresh Fruit Soft Roll Milk	27 Chicken Strips French Fries Creamy Coleslaw Buttered Toast Assorted Fresh Fruit Cajun Sauce Milk	28 Fish & Cheese Sandwich Sweet Potato Fries Cucumber & Tomato Salad Assorted Fresh Fruit Fresh Baked Cookie Milk	
Daily Choice	Mozzarella Sticks & Any Fruit, Vegetable, and Milk Offered	Entrée Salad & Any, Fruit, Vegetable, and Milk Offered	Fruit Parfait & Any Fruit, Vegetable, and Milk Offered	Sandwich Choice & Any Fruit, Vegetable, and Milk Offered	Classic Cheeseburger & Any Fruit, Vegetable, and Milk Offered

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March 2025

Monday	Tuesday	Wednesday	Thursday	Friday	
3  MARDI GRAS HOLIDAY (School District Closed)	4  MARDI GRAS HOLIDAY (School District Closed)	5  MARDI GRAS HOLIDAY (School District Closed)	6 Red Beans & Rice Seasoned Turnip Greens Steamed Vegetable Assorted Fresh Fruit Cornbread Muffin Milk	7 Crispy Fish Strips French Fries Seasoned Green Beans Assorted Fresh Fruit Fresh Baked Cookie Ketchup Soft Roll Milk	
10 Spaghetti w/Meatsauce Vegetable Bleed Steamed Corn Assorted Fresh Fruit Soft Roll Milk	11 Chicken Bites Crispy Tater Tots Fresh Sliced Cucumbers Assorted Fresh Fruit Animal Crackers Cajun Sauce Milk	12 Salisbury Steak & Gravy Creamy Mashed Potatoes Fresh Broccoli Salad Assorted Fresh Fruit Soft Roll Milk	13 Glazed BBQ Chicken Mac-n-Cheese Baked Beans Sweet Potatoes Assorted Fresh Fruit Garlic & Herb Roll Milk	14 Cheese Pizza Dark Green Salad w/Fruit & Fruit Vinaigrette Dressing Fresh Baby Carrots Assorted Fresh Fruit Milk	
17 Jambalaya Seasoned Green Beans Steamed Vegetables Assorted Fresh Fruit Soft Roll Milk	18 Taco (s) Beef OR Chicken Shell – Soft or Hard Taco Salad Cup Black Beans Salsa Assorted Fresh Fruit Breadstick Animal Crackers Milk	19 Classic Cheeseburger Sandwich Salad Cup French Fries Assorted Fresh Fruit Ketchup/Mayonnaise Mustard Milk	20 Oven Fried Chicken & Waffle Crispy Tater Tots Steamed Mixed Vegetables Assorted Fresh Fruit Syrup Milk	21 Mozzarella Sticks w/Marinara Green Salad w/Dressing Fresh Baby Carrot Assorted Fresh Fruit Fresh Baked Cookie Milk	
24 Chicken Wings w/ Orange Sauce Vegetable Fried Rice Steamed Broccoli Assorted Fresh Fruit Milk	25 Chicken Patty Sandwich Sandwich Salad Cup Crispy Tater Tots Baked Beans Assorted Fresh Fruit Ketchup/Mayonnaise Milk	26 Meatloaf & Gravy Steamed Rice Fresh Baby Carrots Seasoned Green Beans Assorted Fresh Fruit Soft Roll Milk	27 Chicken Strips French Fries Creamy Coleslaw Buttered Toast Assorted Fresh Fruit Cajun Sauce Milk	28 Fish & Cheese Sandwich Sweet Potato Fries Cucumber & Tomato Salad Assorted Fresh Fruit Fresh Baked Cookie Milk	
31 Red Beans & Rice Seasoned Turnip Greens Steamed Vegetable Assorted Fresh Fruit Cornbread Muffin Milk					
Daily Choice	Mozzarella Sticks & Any Fruit, Vegetable, and Milk Offered	Entrée Salad & Any, Fruit, Vegetable, and Milk Offered	Fruit Parfait & Any Fruit, Vegetable, and Milk Offered	Sandwich Choice & Any Fruit, Vegetable, and Milk Offered	Classic Cheeseburger & Any Fruit, Vegetable, and Milk Offered

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April 2025

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Beefy Nachos Corn on the Cob Black Beans Lettuce & Tomato Cup Diced Avocado Salsa & Sour Cream Assorted Fresh Fruit Milk	2 Turkey Roast w/Gravy Steamed Rice Whole Baked Sweet Potato Steamed Cabbage Assorted Fresh Fruit Soft Roll Milk	3 Creamy Chicken Alfredo Steamed Broccoli Fresh Baby Carrots Assorted Fresh Fruit Garlic & Herb Breadstick Milk	4 Crispy Fish Strips French Fries Cucumber & Tomato Salad Assorted Fresh Fruit Ketchup Milk
7 Spaghetti w/Meatsauce Steamed Vegetables Steamed Corn Assorted Fresh Fruit Soft Roll Milk	8 Chicken Bites Crispy Tater Tots Fresh Sliced Cucumbers Assorted Fresh Fruit Animal Crackers Cajun Sauce Milk	9 Salisbury Steak & Gravy Creamy Mashed Potatoes Fresh Broccoli Salad Assorted Fresh Fruit Soft Roll Milk	10 <u>Easter Dinner</u> Baked Chicken Rice Dressing Seasoned Lima Beans Sweet Potatoes Fresh Fruit Salad Soft Roll Milk	11 Cheese Pizza Dark Green Salad w/Fruit & Fruit Vinaigrette Dressing Fresh Baby Carrots Assorted Fresh Fruit Milk
14 Jambalaya Seasoned Green Beans Steamed Vegetables Assorted Fresh Fruit Soft Roll Milk	15 Taco (s) Beef OR Chicken Shell – Soft or Hard Taco Salad Cup Black Beans Salsa Assorted Fresh Fruit Breadstick Animal Crackers Milk	16 Classic Cheeseburger Sandwich Salad Cup French Fries Assorted Fresh Fruit Ketchup/Mayonnaise Mustard Milk	17 Mozzarella Sticks w/Marinara Green Salad w/Dressing Fresh Baby Carrot Assorted Fresh Fruit Fresh Baked Cookie Milk	 Happy Good Friday (School District Closed)
28 Chicken Wings w/ Orange Sauce Vegetable Fried Rice Steamed Broccoli Assorted Fresh Fruit Milk	29 Chicken Patty Sandwich Sandwich Salad Cup Crispy Tater Tots Baked Beans Assorted Fresh Fruit Ketchup/Mayonnaise Milk	30 Meatloaf & Gravy Steamed Rice Fresh Baby Carrots Seasoned Green Beans Assorted Fresh Fruit Soft Roll Milk		
Daily Choice Mozzarella Sticks & Any Fruit, Vegetable, and Milk Offered	Entrée Salad & Any, Fruit, Vegetable, and Milk Offered	Fruit Parfait & Any Fruit, Vegetable, and Milk Offered	Sandwich Choice & Any Fruit, Vegetable, and Milk Offered	Classic Cheeseburger & Any Fruit, Vegetable, and Milk Offered

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May 2025

Monday	Tuesday	Wednesday	Thursday	Friday	
			1 Chicken Strips French Fries Creamy Coleslaw Buttered Toast Assorted Fresh Fruit Cajun Sauce Milk	2 Fish & Cheese Sandwich Sweet Potato Fries Cucumber & Tomato Salad Assorted Fresh Fruit Fresh Baked Cookie Milk	
5 Red Beans & Rice Seasoned Turnip Greens Steamed Vegetable Assorted Fresh Fruit Cornbread Muffin Milk	6 Beefy Nachos Corn on the Cob Black Beans Lettuce & Tomato Cup Diced Avocado Salsa & Sour Cream Assorted Fresh Fruit Milk	7 Turkey Roast w/Gravy Steamed Rice Whole Baked Sweet Potato Steamed Cabbage Assorted Fresh Fruit Soft Roll Milk	8 Creamy Chicken Alfredo Steamed Broccoli Fresh Baby Carrots Assorted Fresh Fruit Garlic & Herb Breadstick Milk	9 Crispy Fish Strips French Fries Cucumber & Tomato Salad Assorted Fresh Fruit Ketchup Milk	
12 Spaghetti w/Meatsauce Steamed Vegetables Steamed Corn Assorted Fresh Fruit Soft Roll Milk	13 Chicken Bites Crispy Tater Tots Fresh Sliced Cucumbers Assorted Fresh Fruit Animal Crackers Cajun Sauce Milk	14 Salisbury Steak & Gravy Creamy Mashed Potatoes Fresh Broccoli Salad Assorted Fresh Fruit Soft Roll Milk	15 Glazed BBQ Chicken Mac-n-Cheese Baked Beans Sweet Potatoes Assorted Fresh Fruit Garlic & Herb Roll Milk	16 Pizza Dark Green Salad w/Fruit & Fruit Vinaigrette Dressing Fresh Baby Carrots Assorted Fresh Fruit Milk	
19 Manager's Choice	20 <u>Early Dismissal</u> Manager's Choice	21 <u>Early Dismissal</u> Manager's Choice	22 <u>Early Dismissal</u> Manager's Choice Last Day of School	23 Last Day for Teachers & Support Staff	
26	27	28	29	30	
Daily Choice	Mozzarella Sticks & Any Fruit, Vegetable, and Milk Offered	Entrée Salad & Any, Fruit, Vegetable, and Milk Offered	Fruit Parfait & Any Fruit, Vegetable, and Milk Offered	Sandwich Choice & Any Fruit, Vegetable, and Milk Offered	Classic Cheeseburger & Any Fruit, Vegetable, and Milk Offered

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