# Optum

## One Pass Select<sup>™</sup>

# **Flexible fitness** options for all



Being healthy shouldn't be a grind. It should involve trying new things, exploring new foods and pushing yourself to be slightly better than you were the day before.

With One Pass Select, our mission is to make being healthy fun for all. No matter your current fitness level, we have a wide variety of activities to challenge you. From strength training and swimming, to yoga and spin classes, you can try new things and push yourself physically and mentally. And that's not all. Get access to digital fitness apps and home grocery delivery to make it even more convenient to become a better you.

### Choose the membership\* that fits your lifestyle

\$34/мо

\$69/мо

Standard

Classic 12,000+ gym locations

14,000+ gym and premium locations



#### Premium

16,000+ gym and premium locations



#### 20,000+ gym and premium locations

#### \*An enrollment fee may apply.

#### Or get started with a digital-only plan for \$10/Mo.

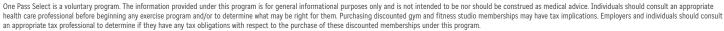
All tiers Classic or above come with grocery and home essentials delivery at no extra cost.

### One Pass Select is simple to set up

Your One Pass Select member code is a single code that will get you access to any fitness location in your chosen network tier. Additionally, use it for online fitness vendors and other One Pass Select offerings.

- 1. Go to OnePassSelect.com
- 2. Click "Get started"
- 3. First time visitors, follow the prompts to register. Returning users log in with email and password
- 4. Get your One Pass Select member code on the dashboard page
- 5. Click "How to use code" to learn more about how to use your unique One Pass Select member code to access all of your services

Get started today Visit OnePassSelect.com



This service should not be used for emergency or urgent care needs. In an emergency, call 911 or go to the nearest emergency room. The information provided through this service is for informational purposes only. The nurses cannot diagnose problems or recommend specific treatment and are not a substitute for your doctor's care. Please discuss with your doctor how the information provided may be right for you. Your health information is kept confidential in accordance with the law. The service is not an insurance program and may be discontinued at any time.

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