**FOR IMMEDIATE RELEASE**

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**EBR Board Set to Consider Request for Approval of School Start, Stop Times**

**BATON ROUGE, La. —** As part of its Students First Realignment Plan, the East Baton Rouge Parish School System is recommending changes to school start times and end times for six schools.

The proposed adjustments will be presented at the regular School Board meeting scheduled for 5 p.m. Thursday, June 12.

The schools under consideration for time changes are:

* Capitol High School
* Capitol Elementary School
* Glen Oaks High School
* Glen Oaks Park Elementary School
* Melrose Elementary School
* Merrydale Elementary School

The proposed changes aim to enhance the daily schedule for high school and middle school students, moving from **7:10 a.m. – 2:25 p.m. to 8:50 a.m. – 4:05 p.m. For elementary students, the schedule would shift from 8:25 a.m. – 3:25 p.m. to 8 a.m. – 3:15 p.m.**

The six schools were selected for Phase I based on a combination of factors, including student enrollment, transportation logistics, and alignment with the district’s long-term goals for operational efficiency and student well-being.

According to the American Academy of Pediatrics, the impact of chronic sleep loss among adolescents is linked to serious physical and mental health risks, including obesity, anxiety and impaired academic performance.

Louisiana has among the earliest school start times in the nation, with EBR secondary schools starting earlier than the state average.