



CALLING ALL PARENTS

NEED STRATEGIES TO SUPPORT YOUR CHILD?

VIRTUAL PARENT WORKSHOP

12 pm-12:30 pm

Oct. 28th: Decision Making and Coping Skills



Nov. 18th: Vaping and Other Drugs



Dec. 9th: Violence and Gun Safety



Jan. 13th: Mindfulness and Self-Care for Parents



Feb. 20th: *I CARE* SUMMIT @ Pennington Biomedical (Call to Register)

March 31st: Suicide Awareness and Prevention



April 14th: Stress Management



May 12th: Mental Health for Athletes



June 2nd: Summer Safety



LOG ON TO EACH MEETING USING THE UNIQUE QR

Want more training opportunities? SCAN HERE



www.icare.ebrschools.org

225-226-2273



Need to refer your child to an *I CARE* Specialist?

