

# East Baton Rouge Parish School System Child Nutrition Program

## Middle & High School Lunch Menus

2025-26

**HAPPY NEW YEAR**

# January 2026

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Winter Break (School District Closed)	2 Winter Break (School District Closed)
5 All Employees In-Service	6 All Employees In- Service	7 <u>First Day of 2<sup>nd</sup> Semester for Students</u> Crispy Chicken Patty Hamburger Bun, WG Sandwich Salad Cup Oven Baked French Fries Chilled Mixed Fruit Mayonnaise/Ketchup/ Mustard Milk Choice	8 Beefy Nachos & Cheese Sauce Lettuce & Diced Tomato Steamed Corn Seasoned Pinto Beans Chilled Applesauce Milk Choice	9 Grilled Cheese Sandwich Multi-Grain Chips Broccoli Salad Fresh Baby Carrots Frozen Fruit Dessert Milk Choice
12 Meatsauce w/Spaghetti Steamed Mixed Vegetables Steamed Broccoli Chilled Mandarin Oranges Breadstick, WG Milk Choice	13 Chicken & Cheese Quesadilla Fiesta Rice Mexican Corn Seasoned Pinto Beans Chilled Pineapples Salsa Cup Milk Choice	14 Hamburger Patty w/ Cheese Hamburger Bun, WG Sandwich Salad Cup Oven Baked French Fries Frozen Fruit Dessert Fresh Baked Cookie Mayonnaise/Mustard/Catsup Milk Choice	15 Turkey/Sausage Gumbo Steamed Brown Rice Whole Baked Sweet Potato Seasoned Green Beans Chilled Mixed Fruit Saltine Crackers, WG Milk Choice	16 Fish Strips Spaghetti & Cheese Creamy Potato Salad Peas Fresh Baby Carrots Chilled Peach Slices Milk Choice
19  Martin Luther King Jr., Holiday	20 Red Beans w/Ham Steamed Brown Rice Seasoned Turnip Greens Steamed Vegetable Blend Chilled Diced Pears Cornbread, WG Milk Choice	21 Creamy Chicken Pasta Steamed Broccoli Steamed Corn Chilled Peach Slices Breadstick, WG Milk Choice	22 Oven Baked Chicken Rice Dressing Glazed Sweet Potatoes Steamed Green Beans Chilled Applesauce Soft Roll, WG Milk Choice	23 Pizza Dark Green Salad w/ Fruit & Vinaigrette Dressing Fresh Baby Carrots Frozen Fruit Dessert Milk Choice
26 Homemade Meatloaf Brown Gravy Mashed Potatoes Steamed Broccoli Glazed Carrots Chilled Peach Slices Shortbread Crackers Soft Roll, WG Milk Choice	27 Crispy Chicken Patty Hamburger Bun, WG Sandwich Salad Cup Oven Baked French Fries Chilled Mixed Fruit Mayonnaise/Ketchup/ Mustard Milk Choice	28 Turkey/Sausage Jambalaya Glazed Sweet Potatoes Seasoned Green Beans Chilled Diced Pears Soft Roll, WG Milk Choice	29 Beefy Chili w/Tortilla Chips Shredded Cheese Cup Lettuce & Diced Tomato Steamed Corn Seasoned Pinto Beans Chilled Applesauce Milk Choice	30 Grilled Cheese Sandwich Reduced Fat Nacho Chips Broccoli Salad Fresh Baby Carrots Frozen Fruit Dessert Milk Choice

### Daily Choices

OR Mozzarella Sticks & Any Fruit, Vegetable, and Milk Offered	OR & Entrée Salad Any Fruit, Vegetable, and Milk Offered	OR Fruit Parfait & Any Fruit, Vegetable, and Milk Offered	OR Chili Dog & Any Fruit, Vegetable, and Milk Offered	OR Cheeseburger & Any Fruit, Vegetable, and Milk Offered
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**Notification Statement:** Peanuts and Peanut Butter are not purchased for meals produced by the EBRPSS - CNP; However, some products served may contain nuts and some products are produced in plants that use nuts and may contain traces of nuts.

\* Menu is subject to change due to availability of food item(s).

\* Four (4) choices of Fat-Free and Low-Fat milk offered daily.

\* Lactaid Milk is available to students who are Lactose Intolerant. Soy Milk is available to students who have a milk allergy.

\* This institution is an equal opportunity provider.

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# February 2026

Monday	Tuesday	Wednesday	Thursday	Friday
2 Beefaroni, WG Steamed Mixed Vegetables Steamed Broccoli Chilled Mandarin Oranges Breadstick, WG Milk Choice	3 Chicken & Cheese Quesadilla Fiesta Rice Mexican Corn Seasoned Pinto Beans Chilled Pineapples Salsa Cup Milk Choice	4 Hamburger Patty w/ Cheese Hamburger Bun, WG Sandwich Salad Cup Oven Baked French Fries Frozen Fruit Dessert Fresh Baked Cookie Mayonnaise/Mustard/Catsup Milk Choice	5 Oven Baked Turkey Roast Steamed Brown Rice w/Gravy Whole Baked Sweet Potato Seasoned Green Beans Chilled Mixed Fruit Soft Roll, WG Milk Choice	6 Fish Strips Spaghetti & Cheese Creamy Potato Salad Peas Fresh Baby Carrots Chilled Peach Slices Milk Choice
9 White Beans w/Ham Steamed Brown Rice Seasoned Turnip Greens Steamed Vegetable Blend Chilled Diced Pears Cornbread, WG Milk Choice	10 Taco(s) Beef OR Chicken Hard Shell Fiesta Rice Seasoned Pinto Beans Taco Salad Cup Chilled Mixed Fruit Salsa Cup Fresh Baked Cookie Milk Choice	11 Creamy Chicken Pasta Steamed Broccoli Steamed Corn Chilled Peach Slices Breadstick, WG Milk Choice	12 Pizza Dark Green Salad w/ Fruit & Vinaigrette Dressing Fresh Baby Carrots Frozen Fruit Dessert Milk Choice	13 <u>Valentine's Day Lunch</u> BBQ Chicken Rice Dressing Glazed Sweet Potatoes Seasoned Green Beans Fresh Apple Wedges Soft Roll, WG Milk Choice
16  <b>MARDI GRAS HOLIDAY</b> (School District Closed)	17  <b>MARDI GRAS HOLIDAY</b> (School District Closed)	18 Salisbury Steak Brown Gravy Mashed Potatoes Steamed Broccoli Glazed Carrots Chilled Peach Slices Shortbread Crackers Soft Roll, WG Milk Choice	19 Turkey/Sausage Jambalaya Glazed Sweet Potatoes Seasoned Green Beans Chilled Diced Pears Soft Roll, WG Milk Choice	20 Grilled Cheese Sandwich Multi-Grain Chips Steamed Vegetable Blend Steamed Corn Frozen Fruit Dessert Milk Choice
23 Meatsauce w/Spaghetti Steamed Mixed Vegetables Steamed Broccoli Chilled Mandarin Oranges Breadstick, WG Milk Choice	24 Chicken & Cheese Quesadilla Fiesta Rice Mexican Corn Seasoned Pinto Beans Chilled Pineapples Salsa Cup Milk Choice	25 Hamburger Patty w/ Cheese Hamburger Bun, WG Sandwich Salad Cup Oven Baked French Fries Frozen Fruit Dessert Fresh Baked Cookie Mayonnaise/Mustard/Catsup Milk Choice	26 Oven Baked Turkey Roast Steamed Brown Rice w/Gravy Whole Baked Sweet Potato Seasoned Green Beans Chilled Mixed Fruit Soft Roll, WG Milk Choice	27 Fish Strips Spaghetti & Cheese Creamy Potato Salad Peas Fresh Baby Carrots Chilled Peach Slices Milk Choice
<b>Daily Choices</b>				
OR Mozzarella Sticks & Any Fruit, Vegetable, and Milk Offered	OR & Entrée Salad Any Fruit, Vegetable, and Milk Offered	OR Fruit Parfait & Any Fruit, Vegetable, and Milk Offered	OR Chili Dog & Any Fruit, Vegetable, and Milk Offered	OR Cheeseburger & Any Fruit, Vegetable, and Milk Offered

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\* Menu is subject to change due to availability of food item(s).

\* Four (4) choices of Fat-Free and Low-Fat milk offered daily.

\* Lactaid Milk is available to students who are Lactose Intolerant. Soy Milk is available to students who have a milk allergy.

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# East Baton Rouge Parish School System Child Nutrition Program

## Middle & High School Lunch Menus

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March 2026				
Monday	Tuesday	Wednesday	Thursday	Friday
2 Red Beans w/Ham Steamed Brown Rice Seasoned Turnip Greens Steamed Vegetable Blend Chilled Diced Pears Cornbread, WG Milk Choice	3 Taco(s) Beef OR Chicken Hard Shell Fiesta Rice Seasoned Pinto Beans Taco Salad Cup Chilled Mixed Fruit Salsa Cup Fresh Baked Cookie Milk Choice	4 Creamy Chicken Pasta Steamed Broccoli Steamed Corn Chilled Peach Slices Breadstick, WG Milk Choice	5 Oven Baked Chicken Rice Dressing Glazed Sweet Potatoes Steamed Green Beans Chilled Applesauce Soft Roll, WG Milk Choice	6 Cheese Pizza Dark Green Salad w/ Fruit & Vinaigrette Dressing Fresh Baby Carrots Frozen Fruit Dessert Milk Choice
9 Salisbury Steak Brown Gravy Mashed Potatoes Steamed Broccoli Glazed Carrots Chilled Peach Slices Shortbread Crackers Soft Roll, WG Milk Choice	10 Crispy Chicken Patty Hamburger Bun, WG Sandwich Salad Cup Oven Baked French Fries Chilled Mixed Fruit Mayonnaise/Ketchup/ Mustard Milk Choice	11 Turkey/Sausage Pastalaya Glazed Sweet Potatoes Seasoned Green Beans Chilled Diced Pears Soft Roll, WG Milk Choice	12 Beefy Nachos & Cheese Sauce Lettuce & Diced Tomato Steamed Corn Seasoned Pinto Beans Chilled Applesauce Milk Choice	13 Grilled Cheese Sandwich Reduced Fat Nacho Chips Broccoli Salad Fresh Baby Carrots Frozen Fruit Dessert Milk Choice
16 Teacher In- Service (Students Do Not Attend)	17 <u>St. Patrick's Day Lunch</u> Beefaroni, WG Steamed Mixed Vegetables Steamed Broccoli Chilled Mandarin Oranges Breadstick, WG Milk Choice	18 Chicken & Cheese Quesadilla Fiesta Rice Mexican Corn Seasoned Pinto Beans Chilled Pineapples Salsa Cup Milk Choice	19 Hamburger Patty w/ Cheese Hamburger Bun, WG Sandwich Salad Cup Oven Baked French Fries Frozen Fruit Dessert Fresh Baked Cookie Mayonnaise/Mustard/Catsup Milk Choice	20 Fish Strips Spaghetti & Cheese Creamy Potato Salad Peas Fresh Baby Carrots Chilled Peach Slices Milk Choice
23 White Beans w/Ham Steamed Brown Rice Seasoned Turnip Greens Steamed Vegetable Blend Chilled Diced Pears Cornbread, WG Milk Choice	24 Taco(s) Beef OR Chicken Hard Shell Fiesta Rice Seasoned Pinto Beans Taco Salad Cup Chilled Mixed Fruit Salsa Cup Fresh Baked Cookie Milk Choice	25 Creamy Chicken Pasta Steamed Broccoli Steamed Corn Chilled Peach Slices Breadstick, WG Milk Choice	26 <u>Easter Dinner</u> Baked Chicken Rice Dressing Glazed Sweet Potatoes Seasoned Green Beans Fresh Apple Wedges Soft Roll Milk Choice	27 Cheese Pizza Dark Green Salad w/ Fruit & Vinaigrette Dressing Fresh Baby Carrots Frozen Fruit Dessert Milk Choice
30 Homemade Meatloaf Brown Gravy Mashed Potatoes Steamed Broccoli Glazed Carrots Chilled Peach Slices Shortbread Crackers Soft Roll, WG Milk Choice	31 Crispy Chicken Patty Hamburger Bun, WG Sandwich Salad Cup Oven Baked French Fries Chilled Mixed Fruit Mayonnaise/Ketchup/ Mustard Milk Choice	<b>Daily Choices</b>		
OR Mozzarella Sticks & Any Fruit, Vegetable, and Milk Offered	OR & Entrée Salad Any Fruit, Vegetable, and Milk Offered	OR Fruit Parfait & Any Fruit, Vegetable, and Milk Offered	OR Chili Dog & Any Fruit, Vegetable, and Milk Offered	OR Cheeseburger & Any Fruit, Vegetable, and Milk Offered

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\* Four (4) choices of Fat-Free and Low-Fat milk offered daily.

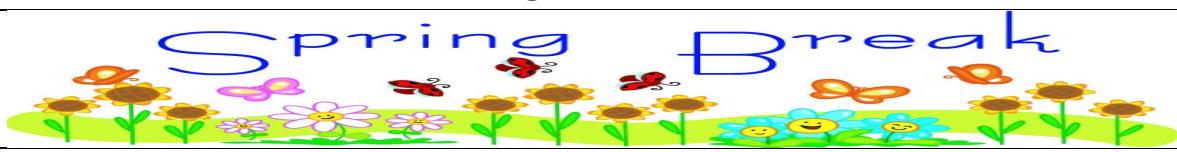
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# East Baton Rouge Parish School System Child Nutrition Program

## Middle & High School Lunch Menus

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# April 2026

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Turkey/Sausage Jambalaya Glazed Sweet Potatoes Seasoned Green Beans Chilled Diced Pears Soft Roll, WG Milk Choice	2 Beefy Nachos & Cheese Sauce Lettuce & Diced Tomato Steamed Corn Seasoned Pinto Beans Chilled Applesauce Milk Choice	3
6 <b>Spring Break</b>	7 <b>Spring Break</b>	8 <b>Spring Break</b>	9 <b>Spring Break</b>	10 <b>Spring Break</b>
13 Meatsauce w/Spaghetti Steamed Mixed Vegetables Steamed Broccoli Chilled Mandarin Oranges Breadstick, WG Milk Choice	14 Chicken & Cheese Quesadilla Fiesta Rice Mexican Corn Seasoned Pinto Beans Chilled Pineapples Salsa Cup Milk Choice	15 Hamburger Patty w/ Cheese Hamburger Bun, WG Sandwich Salad Cup Oven Baked French Fries Frozen Fruit Dessert Fresh Baked Cookie Mayonnaise/Mustard/Catsup Milk Choice	16 Oven Baked Turkey Roast Steamed Brown Rice w/Gravy Whole Baked Sweet Potato Seasoned Green Beans Chilled Mixed Fruit Soft Roll, WG Milk Choice	17 Fish Strips Spaghetti & Cheese Creamy Potato Salad Peas Fresh Baby Carrots Chilled Peach Slices Milk Choice
20 Red Beans w/Ham Steamed Brown Rice Seasoned Turnip Greens Steamed Vegetable Blend Chilled Diced Pears Cornbread, WG Milk Choice	21 Taco(s) Beef OR Chicken Hard Shell Fiesta Rice Seasoned Pinto Beans Taco Salad Cup Chilled Mixed Fruit Salsa Cup Fresh Baked Cookie Milk Choice	22 Creamy Chicken Pasta Steamed Broccoli Steamed Corn Chilled Peach Slices Breadstick, WG Milk Choice	23 BBQ Chicken Rice Dressing Glazed Sweet Potatoes Seasoned Green Beans Chilled Applesauce Soft Roll, WG Milk Choice	24 Pizza Dark Green Salad w/ Fruit & Vinaigrette Dressing Fresh Baby Carrots Frozen Fruit Dessert Milk Choice
27 Salisbury Steak w/Gravy Mashed Potatoes Steamed Broccoli Glazed Carrots Chilled Peach Slices Shortbread Crackers Soft Roll, WG Milk Choice	28 Crispy Chicken Patty Hamburger Bun, WG Sandwich Salad Cup Oven Baked French Fries Chilled Mixed Fruit Mayonnaise/Ketchup/ Mustard Milk Choice	29 Turkey/Sausage Pastalaya Glazed Sweet Potatoes Seasoned Green Beans Chilled Diced Pears Soft Roll, WG Milk Choice	30 Beefy Nachos & Cheese Sauce Lettuce & Diced Tomato Steamed Corn Seasoned Pinto Beans Chilled Applesauce Milk Choice	

### Daily Choices

OR Mozzarella Sticks & Any Fruit, Vegetable, and Milk Offered	OR & Entrée Salad Any Fruit, Vegetable, and Milk Offered	OR Fruit Parfait & Any Fruit, Vegetable, and Milk Offered	OR Chili Dog & Any Fruit, Vegetable, and Milk Offered	OR Cheeseburger & Any Fruit, Vegetable, and Milk Offered
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# East Baton Rouge Parish School System Child Nutrition Program

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2025-26



## May 2026

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Grilled Cheese Sandwich Multi-Grain Chips Broccoli Salad Fresh Baby Carrots Frozen Fruit Dessert Milk Choice
4 Meatsauce w/Spaghetti Steamed Mixed Vegetables Steamed Broccoli Chilled Mandarin Oranges Breadstick, WG Milk Choice	5 Chicken & Cheese Quesadilla Fiesta Rice Mexican Corn Seasoned Pinto Beans Chilled Pineapples Salsa Cup Milk Choice	6 Hamburger Patty w/ Cheese Whole Grain Bun Sandwich Salad Cup Oven Baked French Fries Frozen Fruit Dessert Fresh Baked Cookie Mayonnaise/Mustard/Catsup Milk Choice	7 Oven Baked Turkey Roast Steamed Brown Rice w/Gravy Whole Baked Sweet Potato Seasoned Green Beans Chilled Mixed Fruit Soft Roll, WG Milk Choice	8 Fish Strips Spaghetti & Cheese Creamy Potato Salad Peas Fresh Baby Carrots Chilled Peach Slices Milk Choice
11 White Beans w/Ham Steamed Brown Rice Seasoned Turnip Greens Steamed Vegetable Blend Chilled Diced Pears Cornbread, WG Milk Choice	12 Taco(s) Beef OR Chicken Hard Shell Fiesta Rice Seasoned Pinto Beans Taco Salad Cup Chilled Mixed Fruit Salsa Cup Fresh Baked Cookie Milk Choice	13 Creamy Chicken Pasta Steamed Broccoli Steamed Corn Chilled Peach Slices Breadstick, WG Milk Choice	14 BBQ Chicken Rice Dressing Glazed Sweet Potatoes Seasoned Green Beans Chilled Applesauce Soft Roll, WG Milk Choice	15 Pizza Dark Green Salad w/ Fruit & Vinaigrette Dressing Fresh Baby Carrots Frozen Fruit Dessert Milk Choice
18 <b>Manager Choice</b>	19 <b>Manager Choice</b>	20 <b>Last Day of School For Students Manager Choice</b>	21 <b>Last Day of School For 9 Month Employees</b>	22
25	26	27	28	29
<b>Daily Choices</b>				
OR Mozzarella Sticks & Any Fruit, Vegetable, and Milk Offered	OR & Entrée Salad Any Fruit, Vegetable, and Milk Offered	OR Fruit Parfait & Any Fruit, Vegetable, and Milk Offered	OR Chili Dog & Any Fruit, Vegetable, and Milk Offered	OR Cheeseburger & Any Fruit, Vegetable, and Milk Offered

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