



**FOR IMMEDIATE RELEASE**

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## **EBR Schools to Recognize World Teen Mental Wellness Day, Social Work Week**

**BATON ROUGE, La.** – The East Baton Rouge Parish School System Mental Health Department is proud to raise awareness for students navigating mental health challenges while honoring the school social workers who provide critical support.

On Monday, March 2, the EBR Schools community will recognize World Teen Mental Wellness Day by wearing green to show support for teen mental health and emotional well-being. Many students face challenges such as stress, anxiety, depression, and social pressure. Taking care of mental wellness is just as important as caring for physical health.

Wearing green symbolizes:

- Support for mental health awareness.
- Compassion for others.
- Commitment to breaking the stigma.
- Strength in speaking up.

Throughout the week of March 1–7, EBR Schools will also celebrate School Social Work Week with the theme, “Unite to Ignite.” The observance highlights the essential role school social workers play in advancing student mental health, equity, and academic success.

School social workers are uniquely trained mental health professionals who bridge home, school, and community to support students’ social-emotional well-being and achievement. Yet their role is often underutilized in school mental health conversations.

For any media inquiries or interview opportunities, contact Dr. Bridgette Webster, director of Mental Health Services, at [bwebster@ebschools.org](mailto:bwebster@ebschools.org) or 225-964-5024.

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