

Suicide Prevention and Intervention Resources

*[988 Suicide and Crisis Lifeline](#): This is a 24-hour, toll-free, confidential suicide prevention hotline available to anyone in suicidal crisis or emotional distress. Calls are routed to the nearest crisis center in a national network, where callers receive crisis counseling and mental health referrals.

- Call or text 988
- Chat at 988lifeline.org

*[VIALINK Teen Crisis Text Line](#) is available for crisis intervention for youth 13-22 years old. <https://vialink.org> or text 833-TXT-TEEN / 833-898-8336 (8336)

*[The Trevor Project](#) is a 24/7 Suicide Hotline for Lesbian, Gay, and Bisexual Youth: Call 1-866-488-7386 or text START to 678-678.

*[Disaster Distress Helpline](#): Call or text 1-800-985-5990 (press 2 for Spanish).

*[Veteran's Crisis Line](#): 988, then select 1, or call 1-800-SUICIDE. You can also text: 838255

*[Ayuda En Espanol](#): <https://988lifeline.org/help-yourself/en-espanol/>
Línea de Prevención del Suicidio y Crisis Call 1-888-628-9454 or 988

*[Crisis Text Line](#): <https://www.crisistextline.org/> *Connect with a Crisis Counselor for Support*
Text HOME or HOLA to 741741

*[School Counselors, Social Workers and I CARE Prevention Specialists](#) are great resources that work in the EBR school setting.

*[The Baton Rouge Crisis Intervention Center](#) has resources available and a suicide survivor's support group. For more information, call (225) 924-1431.

*[Your local hospital emergency room, Capital Area Behavioral Health, and many medical and mental health facilities](#) may provide psychological evaluations for a mental health crisis.

*[Call 911](#) for an emergency.

Above are just a few of the great resources available.

Doing a google search or checking the American Foundation for Suicide Prevention website, www.afsp.org, can also be very resourceful when looking for available help.